

October 2023 Newsletter

Monthly Calendar

October 2023

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NOM	TUE	WED	THU	FRI	SAT	NNS
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2	3 Share the Harvest 1PM- 7PM	4 Share the Harvest 10AM-4PM Farmer's Market @ Camden County Museum 3PM-6PM	5 Share the Harvest 10AM- 4PM LAI 40 th Anniversary 10AM-2PM	6	7 Versailles Apple Festival Classic Car Show	8 Versailles Apple Festíval
9	10 Share the Harvest	11 Share the Harvest	12 Share the Harvest	13 Mobile Food Pantry @ The Church at Osage Hills 1PM-3PM Fiber Arts Festival	14 Fiber Arts Festival Dragon Smoke BBQ Competition Osage Beach Fall Festival	15
16 Good Neighbors @ First Baptist Church of Eldon 6PM	17 Share the Harvest	18 Share the Harvest	19 Share the Harvest	20 Apple Butter Days Fall Festival	21 Apple Butter Days Fall Festival	22
23 Osage Beach Health Fair @ Lake Regional 7AM-10:30AM	24 Share the Harvest	25 Share the Harvest	26 Share the Harvest	27 Halloween Park and Haunted Trail	28 Halloween Park and Haunted Trail Kid Friendly Trick or Treat Supper	29 Halloween Park and Haunted Trail
30	31 Share the Harvest					

October is...

National Disability Employment Awareness Month



This year "Advancing Access and Equity" was chosen as the theme for National Disability Employment Awareness Month (NDEAM). Each October NDEAM celebrates the contributions of America's workers with disabilities past and present. More information about NDEAM can be found <u>here</u>.



Come out to LAI to meet the board, staff, and employees to celebrate their 40th Anniversary. Take a trip down memory lane remembering LAI's 40 years of business by grabbing a bite to eat, entering to win door prizes, and taking a tour.

CCDDR Spotlight



My name is Rebecca West, and I joined the CCDDR team on April 24th, 2023. I came to CCDDR from CALO most recently where I was a group mentor for teen girls who suffer from various forms of trauma and need support to navigate through their PTSD. I moved to Camden County from Boulder County in Colorado on September 4th, 2021. I earned my Liberal Studies/Elementary Education Degree with an emphasis in Sociology in May 2004. From there, I began teaching at a private school for second-grade students. Through the years, I have taught both 1st and 2nd grade at two private schools and an International Baccalaureate School before changing professions. I gained extensive knowledge through colleagues, students, and children while teaching. I then went on to work in two pre-school programs before officially moving to Camden County. I have three beautiful daughters ages 30, 28, and 22 who remain in Colorado. I have two dogs and two cats who fill the wedge in my heart left by the distance between me and my girls. I enjoy hiking, reading, and traveling when not at work. I am known to my clients and colleagues as Becky and am proud to participate in helping people with developmental disabilities achieve the best life.

Fall Festivals

This month there are a variety of fall festivals to attend in the area going on all month.

Versailles Apple Festival



The theme this year is "Back to the Country"." The festival will be held Saturday & Sunday October 7th - 8th in downtown Versailles. A schedule of events can be found by clicking the picture to take you to their website. There will be a parade to kick off the festival on Saturday at 10:00 AM and booths will close at 5:00 PM. On Sunday booths will open at 9:00 AM and close at 4:00 PM.

Fiber Arts Festival



Come join the Lake Area Fiber Artists for the 18th annual Lake Area Fiber Arts Festival. Admission is free and open to the public; there will be vendors, raffles, food, and classes. Friday 12:00 PM - 6:00 PM & Saturday 9:00 AM - 3:00 PM, October 13th & 14th. The event will be held at the Community Christian Chruch, 1604 N. Business Route 5, Camdenton, MO. More information on the festival can be found on their website by clicking on the picture.

Osage Beach Fall Festival



Join the City of Osage Beach for the 22nd Annual Fall Festival as they host the Dragon Smoke BBQ Competition this year. Admission is free and open to the public; there will be food, drinks, games, live entertainment, a petting zoo, bounce houses, pony rides, vendors, a pie eating contest and more! The event will be held at the Osage Beach City Park, 950 Hatchery Road, Osage Beach, MO 65065. More information can be found on their website by clicking on the picture.

Apple Butter Days Fall Festival



Join the Camden County Museum in Linn Creek, MO located at 206 South Locust on Friday & Saturday October 20th - 21st 9:00 AM to 4:00 PM. There will be many crafters, craft demonstrations, a quilt raffle, apple butter, and apple pies. Admission is free and a chili and soup lunch is available for a donation. More information can be found by clicking on the picture.

Independent Living Resource Center Events







Click the picture above to register for the free Osage Beach Health Fair put on Lake Regional Health System. Your health fair appointment will include the following labs for free: Blood chemistry profile, Complete blood count, Hemoglobin A1c (for diabetics only), PSA (prostate cancer) screenings, and Thyroid stimulating hormone.

Energy & Water Assistance



Applications for Low Income Home Energy and Water Programs open on October 1st through Missouri Ozarks Community Action (MOCA) to assist in providing energy and water assistance to low income families in the area. No appointments are needed in order to apply and an application for both programs can be found online here. Families previously receiving LIHEAP or LIHWAP must fill out a new application each year. Winter assistance begins November 1st for the elderly and disabled and December 1st for all other households. For additional questions about the program, contact MOCA at <u>573-765-3263</u>.